

## APPENDIX 1

### OSC recommendations and where this has been picked up in the strategy

On 3 July 2017, Councillor Rebecca Lury asked for the recommendations of the Joint Report of the Education & Children's Services scrutiny sub-committee and the Healthy Communities scrutiny sub-committee (March 2016) to be tabled to show where they have been picked up within the strategy and action plan.

Both the Children and Education Scrutiny Committee and the Healthy Communities Committee recommended that the best practice guidance developed by the Centre for Mental Health forms the cornerstone for the approach taken to developing the Joint Mental Health Strategy for Southwark. As such a reference group was established in October 2016 and key stakeholders have collaborated on the development of a joint Mental Health and Wellbeing Strategy for Southwark 2017-2020 which is due to go to Cabinet on 31 October 2017.

Both the Children and Education Scrutiny and the Healthy Communities Scrutiny Committees requested that the final report is presented to scrutiny when finalised. As such, the draft strategy is scheduled for discussion at the Education and Children's Services Scrutiny Sub Committee on Tuesday 5 September and Healthy Communities Scrutiny Sub Committee on Wednesday 13 September.

Recommendation	Where in the strategy and action plan this is referenced
<p><b>Recommendation 3:</b> The Committee recommends that the Council and CCG detail the global CAMHS spend now and once the Transformation Plan is implemented and funds drawn down, year by year, with a budget for each service.</p>	<ul style="list-style-type: none"> <li>• Local policy context</li> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood</li> <li>• Financial landscape</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 4:</b> The Committee recommends that the Council and CCG provide more detail on Early Help investment, now and in the future</p>	<ul style="list-style-type: none"> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood, Early Intervention and Children and Young People</li> </ul>
<p><b>Recommendation 5:</b> The Committee recommends that the Council and the CCG consult with the Head teachers Executive on the link arrangements with CAMHS and the Early Help provision, the Pilot project, to ensure the proposed Children and Young People's Emotional Wellbeing Strategy will deliver better communication and integration between schools with</p>	<ul style="list-style-type: none"> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood, Early Intervention and Children and Young People</li> </ul>

<p>mental health practitioners and social care, including housing.</p>	
<p><b>Recommendation 6:</b> The Committee recommends that the adoption of a Whole School approach to mental health and emotional wellbeing in the Children and Young People’s Emotional Wellbeing Strategy is well promoted and a plan is developed for its implementation in partnership with the Head teachers Executive and local schools. Case studies from Bacons College and schools with positive practice in this area should be promoted around Southwark schools.</p>	<ul style="list-style-type: none"> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood, Early Intervention and Children and Young People</li> </ul>
<p><b>Recommendation 7:</b> The Committee recommends that a schools representative on the Health &amp; Wellbeing Board is appointed. This could be done through the Southwark Head teachers Executive.</p>	<ul style="list-style-type: none"> <li>• This has happened.</li> </ul>
<p><b>Recommendation 8:</b> The Committee recommends that the Council and the CCG set out more clearly how the Transformation Plan will tackle</p> <ul style="list-style-type: none"> <li>• Cyber bullying</li> <li>• Gangs and work with schools on this</li> <li>• Promote effective anti-bullying work in schools, particularly peer support</li> <li>• Recognise the LGBT students are at particular risk of being bullied and need particular support e.g. anti-discrimination work and LGBT peer support</li> </ul>	<ul style="list-style-type: none"> <li>• Action - Build on the evaluation of our training pilots in schools and work closely with schools to support their efforts to increase mental health awareness and increase pupils’ mental wellbeing (including building emotional literacy and dealing with bullying and cyber bullying).</li> </ul>
<p><b>Recommendation 9:</b> The Committee recommends that the Council and the CCG differentiate more clearly gender specific data and services that address specific risks, for example: evidence that that rising mental health needs are particularly affecting girls; anecdotal evidence that boys find it more difficult to speak about emotional problems; data that boys are less likely to access services but are more at risk of suicide completion or involvement in offending</p>	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Eliminating stigma</li> <li>• Action under prevention and promotion of wellbeing</li> </ul>
<p><b>Recommendation 10:</b> The Committee recommends that the Council and CCG support outreach work with communities to break down taboos (e.g. Black Majority Churches Project)</p>	<ul style="list-style-type: none"> <li>• Local policy Context</li> <li>• Action - Develop non-stigmatising language and materials to promote wellbeing services appropriate to the target group e.g. young people, BME Groups. (Build on the work of Lambeth’s, Black Thrive project).</li> <li>• Action - Consider investment into a training programme that works with people with BME backgrounds and lived</li> </ul>

	<p>experience of mental distress, to be able to provide support and advice to people from BME backgrounds with mental health difficulties.</p>
<p><b>Recommendation 11:</b> The Committee recommends that the Council and CCG should ensure that mental health services meet the cultural needs of diverse communities and take steps to tackle institutional discrimination, particularly those most at risk e.g. Girls from FGM practicing communities, black &amp; Asian communities from psychosis &amp; schizophrenia</p>	<ul style="list-style-type: none"> <li>• Strategic priority 1 – prevention and promotion of wellbeing</li> <li>• Action - We will develop targeted interventions and support residents in Southwark across all ages, cultures and backgrounds to access support in the right place, at the right time. (including Dual Diagnosis, Long Term Conditions, Black Minority &amp; Ethnic groups, Special Educational Needs, Learning Disabilities, Youth Offenders, Looked after Children, Carers, Lesbian, Gay, Bisexual &amp; Transgender, Autism).</li> </ul>
<p><b>Recommendation 12:</b> The Committee recommends that the Council and the CCG involve service users from a wide ethnic demographic in developing the Transformation Plan and getting the user voice, bearing in mind that disadvantaged groups are generally more at risk of mental health problems</p>	<ul style="list-style-type: none"> <li>• Local policy context</li> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 13:</b> The Committee recommends that the council and its partners should make every effort to ensure that the education of vulnerable children or young people is not disrupted through housing placements.</p>	<ul style="list-style-type: none"> <li>• Local policy context</li> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood</li> <li>• Community based care and activating communities</li> <li>• Transition</li> <li>• Improving recovery</li> <li>• Housing</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 14:</b> The Committee recommends that there needs to be a much more integrated approach to working between all partners for children and young people with mental health issues including</p>	<ul style="list-style-type: none"> <li>• Local policy context</li> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in</li> </ul>

<p>the housing department.</p>	<p>Childhood</p> <ul style="list-style-type: none"> <li>• Community based care and activating communities</li> <li>• Transition</li> <li>• Improving recovery</li> <li>• Housing</li> <li>• Action - Ensure that the sufficiency strategy, supported by effective commissioning, provides a better supply of high-quality placements for children who are looked after by the Local Authority, particularly for adolescents who display challenging behaviours.</li> </ul>
<p><b>Recommendation 15:</b> The Committee recommends that a Housing representative is included on the Health &amp; Wellbeing Board.</p>	<ul style="list-style-type: none"> <li>• This is under discussion</li> </ul>
<p><b>Recommendation 16:</b> The Committee recommends that SLAM , Kings &amp; GSST work with mental health users to assess the adequacy of the Paediatric A &amp; E and Place of Safety and report back in six months' time on both user experience and patient wait times for admission when in crisis.</p>	<ul style="list-style-type: none"> <li>• Strategic priority 3 – improving clinical care and services - Crisis</li> <li>• Action - this work is underway</li> </ul>
<p><b>Recommendation 17:</b> The Committee recommends that health and social care service managers in children's and adults' services must work together in an integrated way to ensure a smooth and gradual transition for young people. Good practice should involve, for example, developing a joint mission statement or vision for transition, jointly agreed and shared transition protocols, information sharing protocols and approaches to practice.</p>	<ul style="list-style-type: none"> <li>• Strategic priority 3 – improving clinical care and services – Transitions between services</li> <li>• Action - Improve transitions between children's mental health services and adult mental health services.</li> </ul>
<p><b>Recommendation 18:</b> The Committee also recommends that the Council and CCG provide an update on the practical steps that will be taken to address Transition</p>	<ul style="list-style-type: none"> <li>• Strategic priority 3 – improving clinical care and services – Transitions between services</li> <li>• Action - Improve transitions between children's mental health services and adult mental health services.</li> </ul>
<p><b>Recommendation 19:</b> The Committee recommends that the Council and CCG develop a mental health service for young people that spans the ages of 12-25, during the years of highest mental health prevalence, so that young people do not have to Transition at 18, during the peak of symptoms.</p>	<ul style="list-style-type: none"> <li>• Strategic priority 3 – improving clinical care and services – Transitions between services</li> <li>• Action - Improve transitions between children's mental</li> </ul>

	<p>health services and adult mental health services.</p>
<p><b>Recommendation 20:</b> The Committee recommends that the Council and CCG add Permanently Placed children, LGBT young people, and children and young people experiencing economic and social deprivation to the cohorts of ‘at risk’ young people.</p>	<ul style="list-style-type: none"> <li>• Local policy Context</li> <li>• Action - Develop non-stigmatising language and materials to promote wellbeing services appropriate to the target group e.g. young people, BME Groups. (Build on the work of Lambeth’s, Black Thrive project).</li> <li>• Action - Consider investment into a training programme that works with people with BME backgrounds and lived experience of mental distress, to be able to provide support and advice to people from BME backgrounds with mental health difficulties.</li> </ul>
<p><b>Recommendation 21:</b> The Committee recommends that Southwark’s strategic partnership must ensure that responsive services are in place to provide therapeutic support from Child and Adolescent Mental Health Services (CAMHS) to young people who were at risk of, or who had suffered, child sexual exploitation.</p>	<ul style="list-style-type: none"> <li>• Local policy context</li> <li>• Strategic priority 1 – prevention and promotion of wellbeing under Education during Early Years and in Childhood</li> <li>• Financial landscape</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 22:</b> The Committee recommends that there are good communication, training and awareness sessions across all of the partnerships required to bring the mental health strategy to life.</p>	<p>Action plan - through all of our commissioning activities, we will engage with service users, carer, and people with lived experience, we will;</p> <ul style="list-style-type: none"> <li>• Co-produce our services including new and emerging models of mental health care in Southwark;</li> <li>• Develop more community-based models of care that are peer-led;</li> <li>• Involve the public and those with lived experiences to activate and support more collaborative and inclusive approaches to wellbeing.</li> </ul> <p>Open engagement/consultation period over the summer including online feedback via the consultation hub and an</p>

	engagement event on 11 September 2017
<b>Recommendation 23:</b> The Committee recommends a multi-layered communication campaign that can raise awareness amongst the partners and signal a need for a significant culture change to transform mental health from a 'Cinderella service' to one that places service users at the centre of an integrated service designed to improve outcomes of its most vulnerable residents.	<ul style="list-style-type: none"> <li>• Financial landscape</li> <li>• Strategic priority 5 – improving quality and outcomes</li> </ul>
<b>Recommendation 24:</b> The Committee recommends that the Council looks to form partnerships with Housing Associations and Credit Unions, amongst others to be identified, in order to better identify people who would benefit from support with their mental health and improve the holistic support those with mental health issues receive	<ul style="list-style-type: none"> <li>• Improving recovery</li> <li>• Housing</li> <li>• Action plan</li> </ul>
<b>Recommendation 25:</b> The Committee further recommends that the work of programmes such as the faith communities' project continues to be funded to help combat stigma around mental health and their work to date is reflected in the Joint Mental Health Strategy. This should include rolling out similar programmes to other ethnical minority groups including Irish, Asian and Latin American communities.	<ul style="list-style-type: none"> <li>• Stigma and Literacy</li> <li>• Action - Develop non-stigmatising language and materials to promote wellbeing services appropriate to the target group e.g. young people, BME Groups. (Build on the work of Lambeth's, Black Thrive project).</li> <li>• Action - Consider investment into a training programme that works with people with BME backgrounds and lived experience of mental distress, to be able to provide support and advice to people from BME backgrounds with mental health difficulties.</li> </ul>
<b>Recommendation 26:</b> This Committee believes that as part of the Joint Mental Health Strategy, the Housing teams, Reablement teams and Community Support teams should be trained to identify mental health issues to further help support those older members of our community with whom they regularly interact with.	<ul style="list-style-type: none"> <li>• Improving recovery</li> <li>• Housing</li> <li>• Action plan</li> </ul>
<b>Recommendation 27:</b> Furthermore, the Committee notes that the voluntary sector is taking an innovative approach to supporting the older population who have mental health needs and would task the Council with considering similar approaches.	<ul style="list-style-type: none"> <li>• Community based care and activating communities</li> <li>• Improving clinical and care services for older people with mental illness and/or dementia</li> </ul>

<p><b>Recommendation 28:</b> The Committee would recommend that the Council and the CCG seek to understand the links between mental health and dementia and establishes a programme for supporting older residents who present with symptoms of either condition to ensure a correct diagnosis.</p>	<ul style="list-style-type: none"> <li>• Community based care and activating communities</li> <li>• Improving clinical and care services for older people with mental illness and/or dementia</li> </ul>
<p><b>Recommendation 29:</b> The Committee recommends that the Council seek to ensure that the Joint Mental Health Strategy dovetails with other relevant strategies, to ensure that every approach is taken to identify and treat mental health at the earliest opportunity.</p>	<p>The priorities align with national, sub-regional and local policy, including:</p> <ul style="list-style-type: none"> <li>• <i>Southwark Five Year Forward View of Health and Social Care (2016/17-2020/21)</i>;</li> <li>• Southwark Voluntary and Community Strategy;</li> <li>• Health and Wellbeing Strategy;</li> <li>• Southwark Local Transformation Plan for Children and Young People;</li> <li>• Carers Strategy;</li> <li>• Suicide Prevention Strategy.</li> </ul>
<p><b>Recommendation 30:</b> The Committee recommends that as part of the Joint Mental Health Strategy, there is a focus on encouraging GPs to consider mental health concerns as part of their diagnosis of seemingly unexplained symptoms, and continue to assess for it as part of the management of long-term conditions.</p>	<ul style="list-style-type: none"> <li>• Improving quality outcomes</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 31:</b> The Committee recommends that the CCG works with GP surgeries throughout Southwark to provide signposting to voluntary and charitable organisations who can offer support to those with mental health concerns and would ask that this is built into the Joint Mental Health Strategy.</p>	<ul style="list-style-type: none"> <li>• Community based care and activating communities</li> <li>• Wellbeing Hub</li> <li>• Improving quality outcomes</li> <li>• Action plan</li> </ul>
<p><b>Recommendation 32:</b> The Committee recommends that the Joint Mental Health Strategy take into account the findings of the Joint Health Scrutiny into SLaM Places of Safety and incorporate these into their strategy as appropriate.</p>	<ul style="list-style-type: none"> <li>• Crisis services - Southwark CCG and Council have been part of the implementation of a centralised 'Place of safety' on the Maudsley Hospital site at Denmark Hill. The new service ensures that residents who are detained by the police who also have mental health issues are supported and are provided with</li> </ul>

	<p>expert care.</p> <ul style="list-style-type: none"> <li>• Action plan</li> </ul>
<p><b>Recommendation 33:</b> The Committee commends the Mind &amp; Body programme and the work it is doing to up-skill the workforce. We would recommend that the Joint Mental Health Strategy evaluates the Mind &amp; Body programme and incorporates the relevant elements of the programme into the plans for training for our workforce in Southwark.</p>	<p>Action plan - Deliver a system wide digital universal assessment tool with a stronger emphasis on online options and delivery through the third and voluntary sector. (Building on Local Care Record and Kings Health Partners (KHP) Mind and Body insights programme and in alignment with the transforming care CQUIN).</p>

**End**

Sophie Gray, Senior Joint Commissioning Officer, Southwark Council and Southwark CCG

25 July 2017